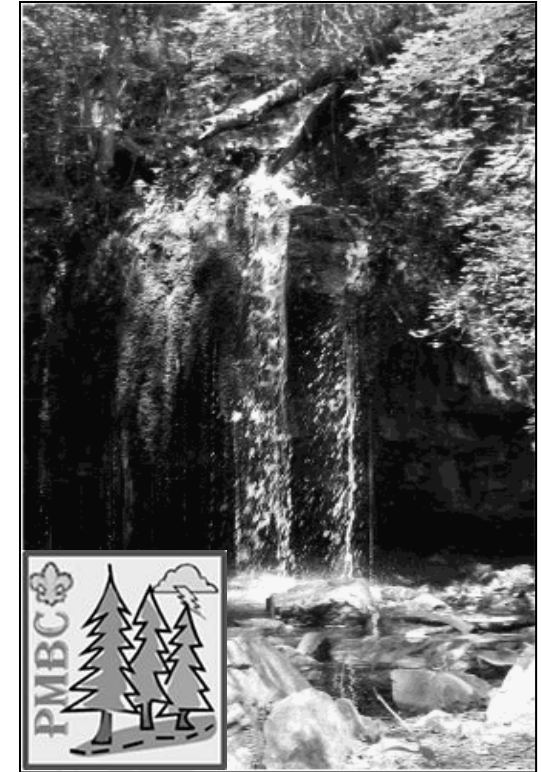


# MOSS FALLS TRAIL GUIDE



18 FEB 2012

**PINE MOUNTAIN  
BACKCOUNTRY**  
*ADVENTURE AWAITS*



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<http://ini-to324.org/trails/>

## Hike Notes:

Moss Falls is the most valuable ecosystem within the Pine Mountain Backcountry area of Lawhorn Scouting Base. The Double Branch springs that generate into the series of water falls support a rich variety of animals and plants including rhododendron and mountain laurel thickets and stands of ferns. The vale also shelters many trees of significant size and attracts animals that together form a unique forested glen.

Pine Mountain is a small, narrow region in the southwest portion of the Georgia Piedmont. The mountain contains Hollis quartzite-capped, steep-sloped ridges that rise 300-400 feet above the Piedmont surface and the Flint River to elevations over 1300 feet.

The Piedmont is composed of hard igneous and metamorphic rocks derived from the recrystallization of ancient (300 to 600 million year old) sediments that were once deeply buried and subjected to high temperatures and pressures. They were re-exposed during a collision between the African and North American Continents about 250 to 300 million years ago.

Please help us preserve this unique area by staying on the marked trails, take only pictures and leave only footprints. For your safety, do not attempt to climb the rocks or steep banks at the water falls. The water at the falls is not safe to drink without treatment.

## Camp Thunder Trailhead:

Start at pavilion near Howard Lodge.  
Follow the yellow Moss Falls trail blazes.  
Distance: 1.6 miles each way.  
Elevation change: 300 feet climb each way.

## Flint River Trailhead:

Start next to Family Picnic Pavilion.  
Follow white Matt Branch trail blazes along the Flint River for 1.2 miles, then follow yellow Moss Fall trail blazes.  
Distance: 1.6 miles each way.  
Elevation change: 160 feet climb to falls.

## The 10 Essentials:

Don't begin this hike without these basic items for yourself and group members.

1. Pocketknife or multipurpose tool.
2. First-Aid kit.
3. Appropriate clothing/jacket/shoes/socks.
4. Flashlight or headlamp.
5. Rain gear or poncho.
6. Water bottle per person.
7. Map and compass/GPS.
8. Matches and fire starter.
9. Sun & bug protection, sunglasses.
10. Trail food or snack.



## Geocaches:

There are caches located on this hike. Contact the Camp Headquarters for details.

# Flint River Adventure Area

# Camp Thunder

# MOSS FALLS TRAIL MAP

CONTINUE STRAIGHT 	START OF TRAIL 	RIGHT TURN 
SPUR LEADING TO A DIFFERENT TRAIL 	END OF TRAIL 	LEFT TURN 



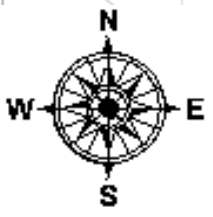
- Campsite
- Parking
- Info Kiosk
- Shelter
- Latrine
- Canoe Landing
- Point of Interest

Contour Interval 50 feet

Pine Mountain Backcountry Information and maps at <http://ini-to324.org/trails/>

## Trail to Moss Falls

Secondary trails



0.2 mile

